

What to do in an asthma attack!

Think Intervene Medicine Emergency Anaphylaxis?

Are they...

- ▶ Coughing, wheezing, finding it hard to breath, have a tight chest, unable to walk or talk?
- ▶ Do they need their inhaler? ▶ Do you need to call for an ambulance?
- ▶ REMEMBER; *stay with the child at all times.*



- ▶ Keep calm and reassure child. ▶ Sit them up and slightly forward.
- ▶ Ask someone to get blue inhaler and spacer, administer inhaler and note the time (*see medicine steps*).
- ▶ Do you need to call for an ambulance?



- ▶ Shake blue inhaler and place in spacer, spray one puff and take 10 breaths.
- ▶ Repeat up to 10 times if needed.
- ▶ If no improvement, it is safe to repeat a further 10 times.
- ▶ Do you need to call an ambulance?



- ▶ If no improvement or you are worried or unsure, call 999
- ▶ Note time of calling 999, school's postcode
- ▶ If ambulance takes longer than 15 minutes repeat medicine steps.

999

- ▶ Do they have an adrenaline pen?
- ▶ If there is no improvement they could be having an anaphylactic reaction causing inflammation in the lungs.
- ▶ **If in doubt follow their allergy management plan and inject.**
- ▶ Call an ambulance stating anaphylaxis 'ANA-Fil-AX-IS'.



Co-Created with

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